

# Read Book High Performance

## Heart Effective

Training With The

Im For

Fitness And  
Competition



Read Book High

Performance



Read Book High

Performance



Heart Effective



Training With The



Hrm For Health



Fitness



Competition



Competition



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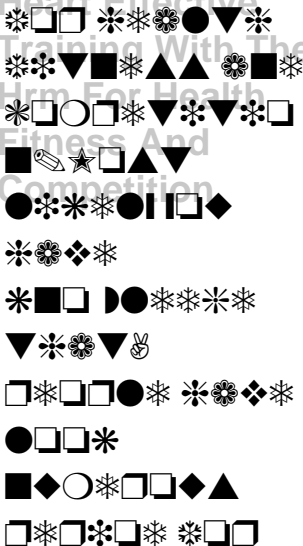
Competition



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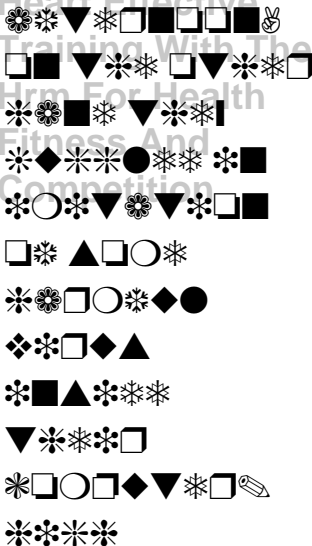
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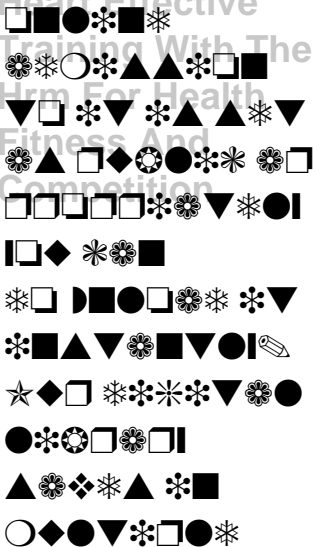
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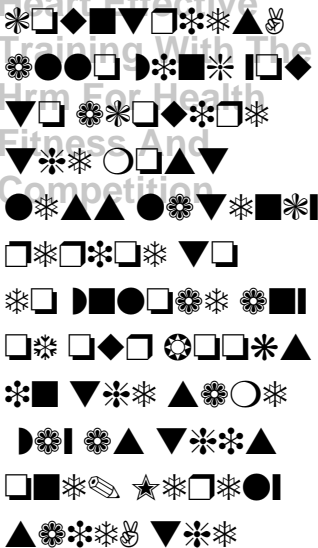
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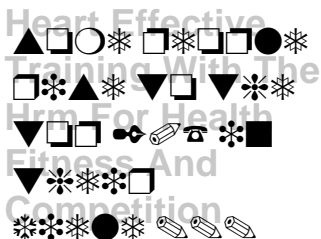
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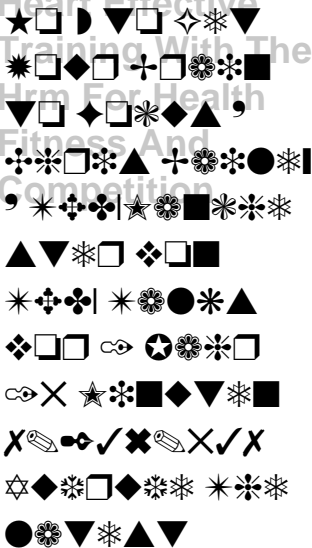


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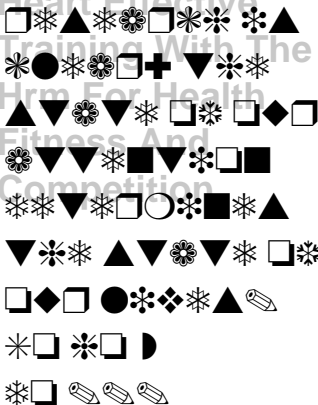
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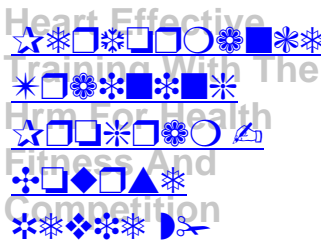


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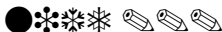
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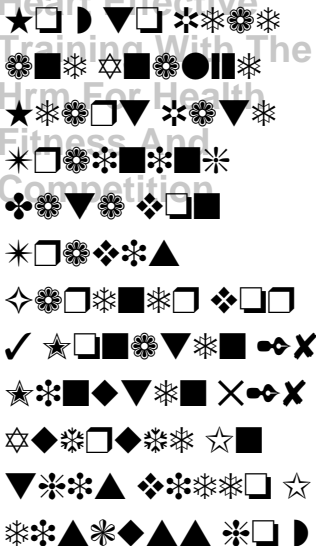
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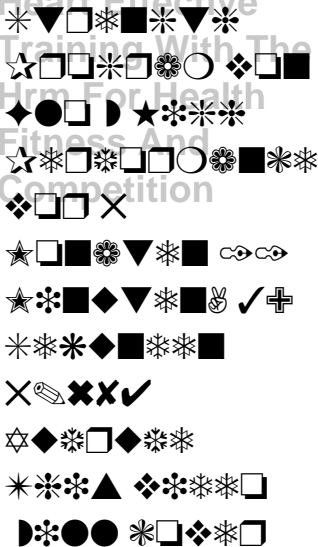


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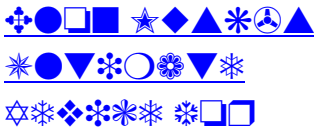
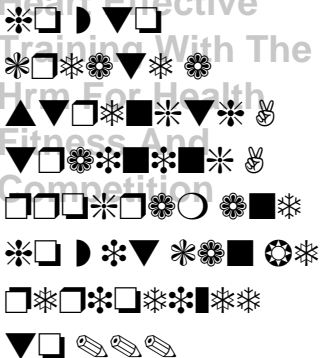
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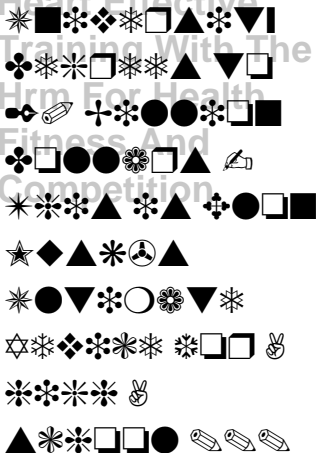
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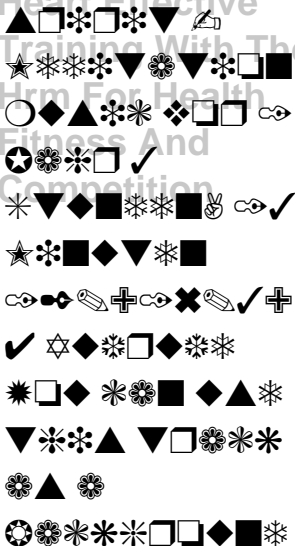
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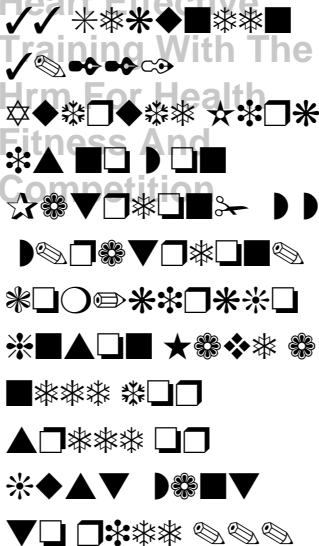
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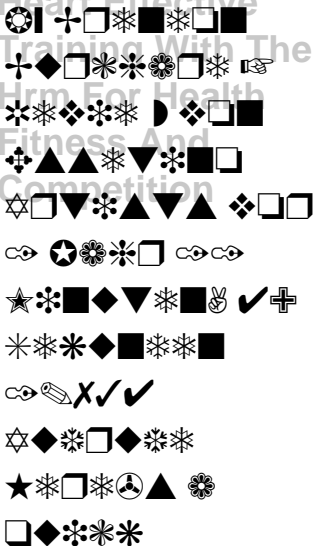
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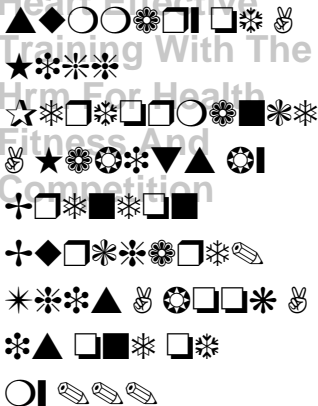
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